



City of Chino Emergency Preparedness

How to Assemble Your Emergency Kit

An emergency kit is designed to meet your family's basic needs both during and immediately after a disaster. The container you chose for your kit should be portable and stored near an exit door. Your kit should contain enough supplies to support your family and pets for 5-7 days.



- Water for 5-7 days** (1 gallon per person, per day)
 - 2 quarts for drinking + 2 quarts for food preparation & sanitation = 1 gallon
 - To store water, consider using 2-liter soda bottles. Avoid containers that may break or decompose over time. Plastic milk bottles are NOT recommended.
 - Rotate your water supply every 6 months.
- Food for 5-7 days**
 - Foods that don't require refrigeration or heating are best
 - Consider high energy, salt-free foods
 - Whole grain cereals, canned meat, canned fruits and vegetables and canned juice are all good to have on hand. Check expiration dates regularly.
- Manual can opener**
- Battery operated radio or television**
- Flashlights with extra batteries** (check expiration dates on batteries regularly)
- First aid kit and manual**
- Cash and coins** (Don't expect ATM's to be functioning during an emergency.)
- Photocopies of identification and other important documents**
 - Insurance policies
 - Passports
 - Social Security cards
 - Inventory of valuables
 - Credit card info.
 - Bank account numbers
- Pet food and supplies**
- Matches in a waterproof container**
- Whistle**
- Extra clothing and sturdy shoes**
- Blankets and bedding**
- Kitchen and cooking utensils**
- Sanitation and hygiene items** (hand sanitizer, moist towelettes, plastic garbage bags and ties, toilet paper, toiletries, feminine products)
- Medication**
 - Both prescription and non-prescription medications
- Tools**
- Inclement Weather Needs** (rain gear, hats, gloves, scarves, sunscreen, sun glasses)

For more ideas on what you can include in your kit, go to www.redcross.org.